

Hill View Montessori

Character Education

Themes

Self-Care

Self-care is taking good care of yourself! When you are happy and calm, you can work and learn better.

Doing things like eating healthy food, exercising, spending time with family and friends and doing activities we enjoy help us stay happy and calm.

Think about what keeps you happy and calm and try to do one of those things every day!

Mindfulness

Mindfulness is a special way of paying attention. When you are mindful, you are thinking about what is going on inside you and around you. It may help us focus, take care of our feelings or even calm down. When we are mindful with others, we pay careful attention to what they are saying and feeling. So be present and pay attention to show you are mindful of yourself and others!

Self-Control

Showing self-control means making safe, respectful and responsible decisions. People with good self-control make thoughtful choices, even when they are feeling strong emotions. Self-control sets you on a path to success because you can do what is expected of you. Use self-control to show you are in charge of yourself!

Empathy

We show empathy trying to understand how someone else is feeling. When you notice that someone is sad, scared, angry or worried, you are showing empathy! Once you know how someone is feeling, you can try to help them or be extra kind to them. Empathy is a great way to show others you care!

Friendship

Being friendly means welcome new classmates, treating others with respect and reaching out to others who are lonely. Friends are a great resource to help you, too. They will encourage and support you in good times and in bad, through success and failure. Being a good friend takes effort and kindness so try your best to be friendly today!

Politeness

A polite person uses good manners in all situations.

They use phrases like “Please,” “Thank you,” “No thank you” and “You’re welcome” whenever making or receiving a request. When they need to move past someone, or accidentally bump into someone, they say “Excuse me.” If they hurt someone, even if it was an accident, they always say, “I’m sorry.”

Polite people use appropriate eye contact and control the volume and tone of their voice.

Courage

Courage is doing something, even when it frightens, scares or worries you. Courageous people stand up for their own beliefs and people who need help. When you are courageous, you take risks and do hard things. Be courageous by setting challenging goals for your future!

Acceptance

Acceptance means being friendly and welcoming to those who are different from you. It means you are willing to learn about and respect the beliefs or practices of others. When you are accepting, you can get along with many different types of people. Acceptance can lead to strong friendships and cooperation with others.

Curiosity

Curious people want to learn all they can about the world and people around them. They ask questions, explore and learn new things all the time. If you are curious about someone who is different from you, spend time playing with and learning from them.

Your curiosity will help make new friends and discover new information!

Uniqueness

Being unique means there is nothing else like you in the world. People who are unique have their own special way of looking at the world. You are unique when have confidence in the person you are and the beliefs you hold. Share your uniqueness with others by staying true to yourself.

Fairness

Fairness can be tricky. It doesn't mean that we always get what we want. In truth, no one gets their way all the time. Being fair means balancing your wants and needs with the wants and needs of others. It means that we treat everyone the way we want to be treated, without partiality or bias. Fair people don't show favoritism or give one group special privileges at the expense of another.

Assertiveness

When you are assertive, you let others know, politely and kindly, what you need or want. Assertive people solve problems peacefully by talking things out, using “I feel” statements or reaching a compromise. You are assertive when you speak up if you see something that is not fair and offer solutions to make things right.

Resiliency

Being resilient means you are able bounce back when times are tough. When mistakes and problems come up, resilient people try again, figure out new ways to solve problems and keep moving forward. Resilient people overcome challenges to be successful.

Self-Confidence

Believing in yourself means you have self-confidence. When you are confident, you have the courage to ask questions and share your thoughts and ideas. You speak up when you see a solution to a problem. You are proud of the things you can do well and believe you can always learn more!

Motivation

Motivation is the drive that helps you get things done. When you set a goal and work hard to reach it, you are motivated. You can even motivate others by encouraging them to reach their goals. You can succeed in college and beyond if you are motivated to do hard things!

Grit

A person with grit works hard and sticks with things even when things are tough. They take on new challenges, make mistakes and learn from them. Show your grit as you do hard things and stick with them until they are accomplished!

Growth Mindset

If you have a growth mindset, you believe you can learn to do things that are difficult for you. You believe in your ability to change, try things that are hard and become good at something that was once really tough for you. When you have a growth mindset, you look at challenges as chances to grow and learn!

Effort

Putting your best effort into all you do means you try your best and give 100 percent. Whether you are playing a sport or learning something new in the classroom, you are putting all your energy into doing the best you can. Show effort by trying as hard as you can to reach your goals.

Understanding

Being understanding of others means you watch, hear, think, reflect and ask questions so that you really know what people are telling you. Listen with your heart so you don't miss anything. When you are confused, keep asking questions until things are clear. Show understanding to others by forgiving when they make mistakes and being respectful of them when you disagree.

Generosity

When you are generous, you give freely without expecting anything in return. Generous people share with others and give their time to help others. When you are generous, you show others how much you care for them. Show your generosity by sharing kindness with others!

Service

People who serve help others without expecting anything in return. Serve in your classroom by helping your teacher clean up or volunteer in your home by doing a chore for a family member. Lend a helping hand to a friend or classmate when they are having a problem. You make the world a better place when you serve your community.

Honesty

Honesty means telling the truth. Honest people try their hardest to be trustworthy. Being honest means you admit to your mistakes, even if you'll get in trouble. It also means you don't say things about people that aren't true. When you are honest, other people can trust you and that helps build strong relationships.

Work Ethic

Work ethic is being responsible about completing tasks you are given. Spend a little extra time and energy working hard at everything you do - at school, at home and in your activities. Your hard work will pay off when you accomplish your goals!

Perseverance

People who persevere show mental toughness and commitment to finish a job. When you try to do what you said you would do, no matter how hard it may be, you persevere. Perseverance allows you to reach your learning goals and life goals by pushing through problems to reach success!

Reliability

If you are reliable, it means people can count on you. Reliable people keep their promises to their friends, families, classmates and teachers. The people around them trust them to get things done! Show others your reliable by doing what you agreed to do when you agreed to do it!

Cooperation

Cooperation means working with others to achieve a goal. When you cooperate with others, you can get things done faster, more easily and more successfully. Cooperation with other students allows you to learn more in your classroom and prepares you to work with others in college and beyond.

Integrity

Integrity means being true to yourself, even when you might feel pressure to be someone different. A person with integrity is honest about who they are and steadfast in their beliefs. Be in the right place at the right time doing the right thing, no matter who is watching. Follow through on promises you make, so others will trust and believe in you.

Leadership

Leadership is the ability to inspire and motivate others so they can reach shared goals. It means making a difference and solving problems. Being a leader gives you the opportunity to bring positive change to the world. Leaders build peace in our schools and in our world.

Patience

If you are patient, you are good at waiting without complaining. You aren't easily frustrated and you can stay calm, even when things aren't going your way. Patient people help others by giving them the time they need to learn. You also can be patient with yourself -- it takes time to reach important goals!

Gratitude

Gratitude means being thankful. Show gratitude to the people who help you succeed in school – your family, your classmates, your teachers. Look for the good things in your life and express how thankful you are for those. Having an attitude of gratitude makes life happier!

Joyfulness

A person who is joyful finds happiness all around them. Looking for the positive in situations bring more joy to your life. People who can find joy, even in challenging situations, will be happier and more successful in life. Joyful people bring delight into the lives of others!

Compassion

A compassionate person cares deeply about others and their feelings. When you ask others how they are doing and try to make others feel safe and happy, you are being compassionate. Compassionate people have a loving and kind attitude toward others.

Zeal

People with a zeal for life show enthusiasm and positive energy. Others feel happy and energized when they are near someone with zeal. Get excited about learning and eager to grow. Show your zeal by sharing your passion for learning with others. Search out the fun and joy in learning and in life!

Helpfulness

There are many ways to be helpful to others. You can help get a tough job done, help someone learn a new skills or help someone feel better when they are upset. If you are helping someone, you are showing them respect and kindness. It's okay to ask for help as well – we all need others to help us reach our goals.

Creativity

People who are creative think about the world in a different way. They may use their talents to create art, music, machines or even a solution to a problem. Use your creativity to look at a problem in a different light and come up with a solution that no one else has thought about!

Determination

Determination is a quality that makes you continue trying to do or achieve something, even when it is difficult. You are determined when you keep working hard to achieve a worthy goal. Show your determination by staying committed to a cause.